

Estimations of Others Scale (EOS)
1998 Clinic Sample
Mean scores (N=8)

To what extent do you relate to each of these statements? Please make a rating on a 7 point scale from 1 (not at all) to 4 (moderately) to 7 (very much).

1. **4.13** People do not care about me.
2. **4.00** When people see my discomfort they feel superior.
3. **4.00** People do not identify with me when I am uncomfortable.
4. **4.38** People will be rejecting and hurtful if I let them close to me.
5. **4.13** People do not relate to my problems.
6. **4.13** If I'm not watchful and careful, people will take advantage of me.
7. **4.63** I must not let people know too much about me because they will misuse the information.
8. **4.75** People are more powerful than I am and will take advantage of me.
9. **5.38** If people see my discomfort they will feel contempt for me.
10. **5.13** People are indifferent to my feelings and don't want to know about me.
11. **5.00** People will make fun of me and ridicule me.
12. **5.00** If I let people know too much about me they will say hurtful things to me, or talk about me behind my back to others.

Henderson, L., & Horowitz, L. M. (1998). The Estimations of Others Scale (EOS): Stanford University.